

MissioNexus 2023

Learning Objectives

- ▶ Describe the principles and essential elements of effective peacemaking strategies
- ► Recognize common practices to avoid in conflict resolution
- Analyze popular models of conflict resolution and incorporate effective tools and resources into your trainings
- Review and revise existing peacemaking training plans to maximize effectiveness





Survey results from late 2021.

N=180 (representing over 50% of the personnel in one global mission organization)

Why Bother Training Conflict Resolution?

Consequences of Unresolved Conflict Include:

- Direct and indirect correlations with mood and behavior disorders, such as depression, anxiety, anger, suicidality, problematic alcohol and substance use, and eating disorders
- Reduced employee wellness, individual job performance, departmental productivity, and overall organizational stability, profitability, and success
- Damage to marital and family relationships, Christian witness, and spiritual health

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Why Bother Training Conflict Resolution?

John 13:35

"By this all people will know you are my disciples, if you have love for one another."

Current Training Methods

What we do:

Implied Philosophy:

Conflict is a _____ problem.

Real Life Practices What we do: Implied Philosophy: Conflict is a ______ problem.

Personal Responses to Conflict

What signals identify when a relational problem has occurred?

Do these signals differ depending on your role?

When did you first realize you had a relational problem? How did you respond?

How does your response to conflict reveal the essence of conflict and the reason it's difficult to resolve?

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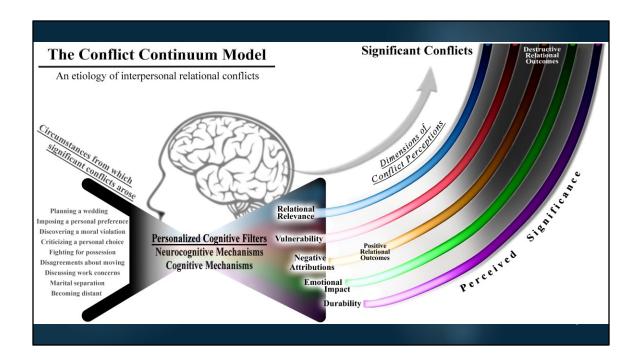
The Essence of

Significant Interpersonal Relational Conflict A clash of any type within an <u>important relationship</u> that threatens a matter of <u>personal value</u>, leading us to perceive the other person as "the problem," making negative <u>moral attributions</u> about their character or motives, which generates <u>unpleasant emotions</u>, and a sense of <u>gravity</u> about the offense.

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Davis, J. K. (2021) *The conflict continuum: Multidimensional perceptions that generate and escalate interpersonal relational conflicts* (Publication No. 30246660) [Doctoral dissertation, California Southern University]. ProQuest Dissertations Publishing.

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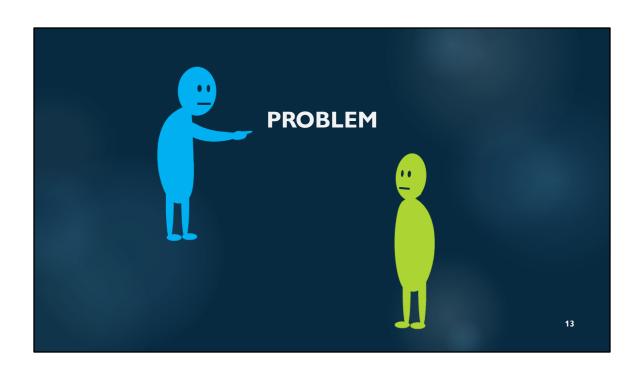
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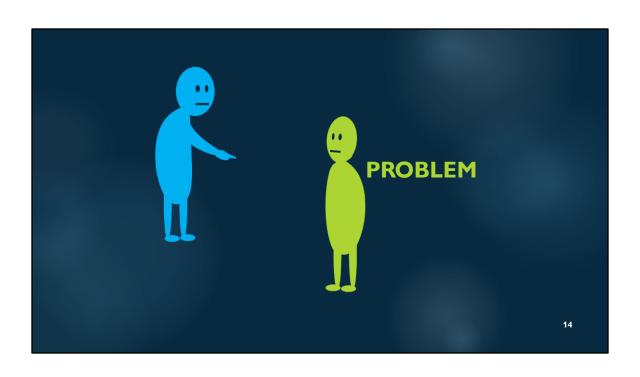
Obstacles to Conflict Resolution

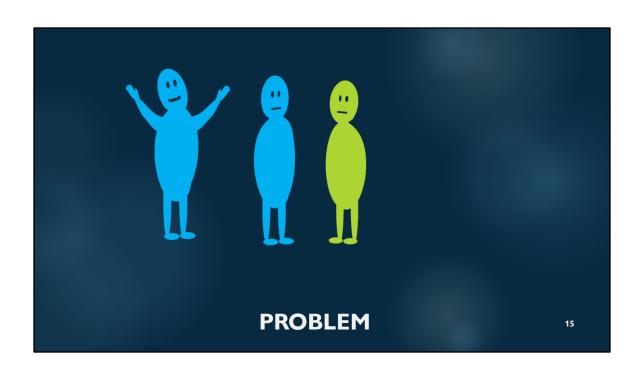
"You can't AVOID conflict. You can only avoid conflict RESOLUTION."

~ Peace Pursuit

- ▶ We don't know WHO should do WHAT, WHEN, and HOW
- We misunderstand the essence of conflict as an external rather than internal problem, so we try to fix the wrong thing.







- Cognitive <u>reappraisal</u>
- Reframing
- Perspective change
- ► Increased self-awareness
- Increased empathy
- ► Feeling understood
- Perceived sincerity

- ▶ Disconnect person from the problem
- ► Improved perceptions of forgivability
- ► Increased interpersonal compassion
- Express apologies and forgiveness
- Repentant and remorseful attitudes
- Attempted atonement and reparation

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Essential Elements of Effective Peacemaking Models

- ➤ Clearly <u>define</u> disunifying **S**ignificant **I**nterpersonal **R**elational **C**onflict, distinguished from tolerable differences between believers
- Directly address the correct problematic <u>roots</u> of conflicts through practical, systematic, <u>measurable action steps</u>
- Clearly define the <u>measurable</u>, <u>biblical goal</u> of conflict resolution
- Establish a clear <u>response plan</u> for those who decide not to follow the peacemaking process

Common Practices to Avoid

- Determine who is to blame
- Strengthens the villain-victim dichotomy

• Require an apology

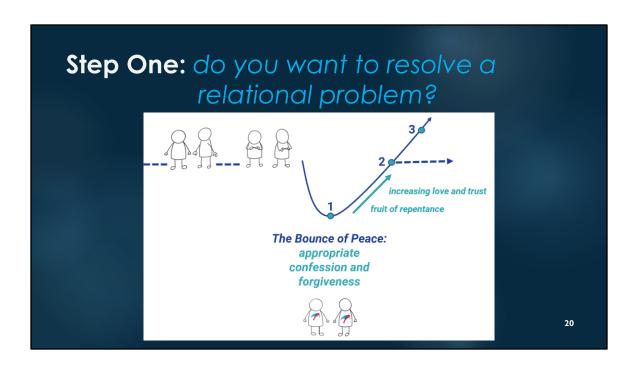
- Conditional forgiveness
- Identify and condemn wrongdoing
- Assumes sin versus unmet expectations
- Reach agreement on the goal or process
- Unity depends on unanimity
- No ongoing tension or hard feelings
- Denies consequences and need to rebuild trust and closeness

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Research demonstrates that external resolutions are short lived if the relationship between two people is not addressed first.

***Webb, C. E., Coleman, P. T., Rossignac-Milon, M., Tomasulo, S. J., & Higgins, E. T. (2017). Moving on or digging deeper: Regulatory mode and interpersonal conflict resolution. *Journal of Personality and Social Psychology, 112*(4), 621-641. https://doi.org/10.1037/pspp0000131







Step One: Define the goal of peace

Step Two: Reframe the conflict

into terms of unmet

expectations





Step One: Define the goal of peace

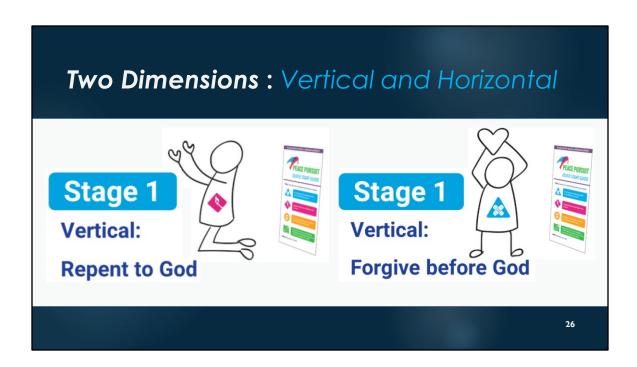
Step Two: Reframe the conflict into terms

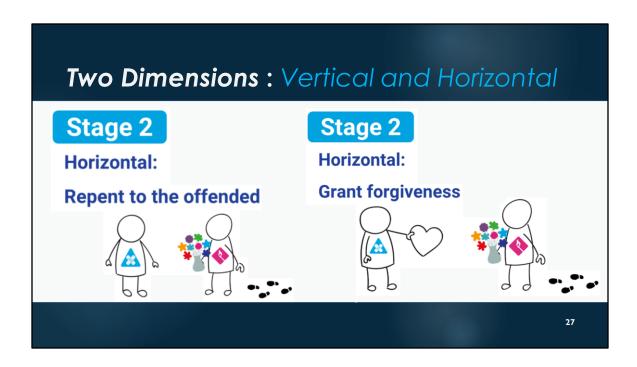
of unmet expectations

Step Three: Seek peace from the Prince of

Peace, and then honor Him

through obedience





Step One: Define the goal of peace

Step Two: Reframe the conflict into terms

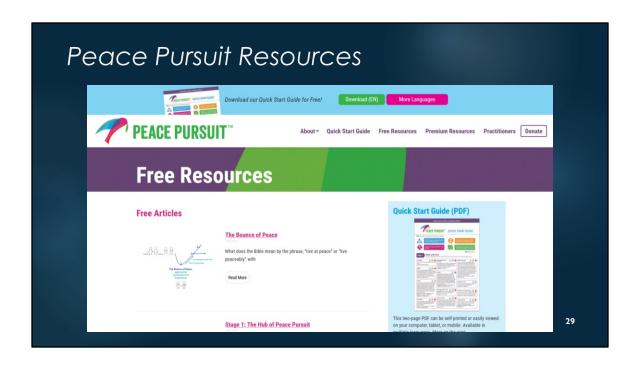
of unmet expectations

Step Three: Seek peace from the Prince of

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through obedience

*** Individuals only



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